



Pattern Prayer - Preparing for Listening Prayer

From Elaine: “A good friend found this pattern in the Lydia Fellowship (a women's prayer group), so we refer to it as “Lydia prep”. Since then another good friend found it in Celtic Prayer, so this pattern has been around for Millennia, probably being rediscovered from time to time.”

1. Praise and worship God the Father, Son, and Holy Spirit.
Psalm 99:5, Luke 4:8
2. Confession and receiving Christ's forgiveness and cleansing.
Proverbs 28:13, James 5:16, John 1:9
3. Invite the Holy Spirit to come and show us how to pray.
Romans 8:26
4. Deliberately lay down our own agendas and prayer concerns.
Matthew 6:10
5. Put on the armour of God.
Ephesians 6:13-17
6. Banish or bind any unclean spirit that cannot or will not acknowledge Jesus as Lord.
7. Ask God for a right fear and awe of Him to overcome any embarrassment in front of each other.
Psalm 19:9, Proverbs 9:10, Proverbs 22:4
8. “Speak, Lord, your servant is listening” - *1 Samuel 3:10b*